

# Grand Teton National Park — 7 Days

Best base: Jackson, WY or near the park entrance

Trip style: Balanced, scenic, with moderate hiking

## Day 1 — Arrival + Jackson Hole

Morning

- Arrive in Jackson Hole, Wyoming.
- Pick up rental car.
- Grab breakfast or coffee in town.

Afternoon

- Check into lodging.
- Walk around Jackson Town Square.
- Visit the National Museum of Wildlife Art if you want a lighter first day.

Evening

- Drive to Oxbow Bend for sunset.
- Dinner in Jackson.
- Early night to recover from travel.

## Day 2 — Jenny Lake + Hidden Falls

Morning

- Get an early start to avoid crowds.
- Take the Jenny Lake shuttle if operating.
- Hike to Hidden Falls and Inspiration Point.

Afternoon

- Picnic lunch near Jenny Lake.
- Relax by the water or take a shorter lakeside walk.
- Optional stop at Colter Bay Visitor Center.

Evening

- Go to Schwabacher Landing for sunset photography.
- Dinner back in Jackson or Moose.

## Day 3 — Scenic Drive + Short Hikes

Morning

- Sunrise at Snake River Overlook.

- Drive Teton Park Road slowly and stop at scenic pullouts.
- Consider Mormon Row for the classic barn photo.

#### Afternoon

- Hike Taggart Lake or String Lake Loop.
- Take time for breaks and photos.
- Return to lodge for rest.

#### Evening

- Dinner in Moose.
- Stargazing if skies are clear.

## Day 4 — Wildlife + Flexible Hike Day

#### Morning

- Early wildlife drive along the main park road.
- Look for moose, elk, bison, and birds.

#### Afternoon

- Choose one:
  - A longer hike if you want more challenge.
  - A relaxed afternoon at Laurance S. Rockefeller Preserve.
- Stop for a late lunch or picnic.

#### Evening

- Relax at your lodging.
- Optional hot springs or casual dinner in town.

## Day 5 — Water + Photography Day

#### Morning

- Kayak, canoe, or paddleboard on Jenny Lake if available.
- Or do an easy lakeside walk.

#### Afternoon

- Visit Schwabacher Landing again if you want different light.
- Explore more viewpoints or revisit a favorite trail.

#### Evening

- Early dinner.
- Pack a little for tomorrow's optional day trip.

## Day 6 — Optional Yellowstone Day Trip

## Morning

- Leave early if you want to visit Yellowstone.
- Focus on one area instead of trying to do too much.

## Afternoon

- See a geyser basin or major viewpoint.
- Keep the day simple and avoid rushing.

## Evening

- Return to Jackson.
- Easy dinner and rest.

# Day 7 — Departure Day

## Morning

- Final breakfast in Jackson.
- Stop by Menors Ferry or Mormon Row if you missed it.

## Afternoon

- Souvenir shopping.
- Drive to the airport or begin your return trip.

## Packing list

- Hiking shoes.
- Light rain jacket.
- Warm layers.
- Daypack.
- Water bottle.
- Sunscreen.
- Binoculars.
- Bear spray if you plan to hike.

## Reservations to know

- Jenny Lake shuttle can save time.
- Lodging fills early in peak season.
- Restaurant reservations help in Jackson.